

13th PANHELLENIC SYMPOSIUM OF EPICUREAN PHILOSOPHY

11-12 February 2023 - Cultural Center of Pallini, Athens, Greece

Co-Organization:
Friends of Epicurean Philosophy
"Garden of Athens", "Garden of Thessalonica"
and Municipality of Pallini

Under the Auspices of the Prefecture of Attica

Report on the 13th Panhellenic Symposium of Epicurean Philosophy

Information: www.epicuros.gr

A top-of-the-world cultural event, the 13th Panhellenic Symposium of Epicurean Philosophy took place on the weekend of 11 and 12 February 2023 with the participation of about three hundred Greeks inspired by the enlightening and humanistic philosophy of Epicurus. This is a unique philosophical conference, as it is the only one organized worldwide dedicated exclusively to Epicurean philosophy. It is also the largest national philosophical conference and the only one in Greece that has been established since 2011 as an institution from the people rather than from the university philosophers. It is organized annually with free entrance for the public by the Municipality of Pallini and the Friends of Epicurean Philosophy "Garden of Athens" and "Garden of Salonica" at the Cultural Center of Gerakas, located within the ancient area of Gargettus, from which the philosopher Epicurus originated from. The previous two Panhellenic Symposia were virtually organized due to the coronavirus pandemic.

Saturday 11 February 2023

THE EPICUREAN PRUDENCE AGAINST IGNORANCE AND PHOBIA

- 16.00-16.10 **Opening of the Symposium** Athanasios Zoutsos, Mayor of Pallini, Lawyer
- 16.10-16.30 **Greetings from Representatives of Gardens**
Christos Yapijakis, "Garden of Athens"
Martela Sinani, "Garden of Thessalonica"
- Greetings from other Greek and International Friends of Epicurus**
- Message from the "Society of Friends of Epicurus" (USA)**
Hiram Crespo, Founder
- Lucretius' Praise to Epicurus (book III)**
Thanassis Chalkias
- 16.30-17.00 **Section A: EPICUREAN GNOSEOLOGY**
Cannon – The criteria of truth
Dimitris Liarmakopoulos
Legal-Private Employee, Member of the "Garden of Thessalonica"
- The Epicurean ethics as a guide to digital behavior**
George Giotis
Economist, Founding member of ellinikahoaxes.gr, Member of the "Garden of Thessalonica"
- 17.00-17.50 **Section B: EPICUREAN RESPONSES TO STRESS AND PHOBIA**
Science of stress and Epicurean eustatheia (stability)
George Chrousos
Emeritus Professor of Pediatrics at NK Univ. of Athens, UNESCO Chair of Adolescent Medicine
- Epicurean philosophical management of stress**
Christos Yapijakis
Assoc. Professor of Genetics at NK Univ. of Athens, Founding Member of "Garden of Athens"

Oral Presentation 1:

Intervention of Epicurean Philosophy and Positive Psychology in Secondary Education

Eleni Michopoulou

MSc Philologist

17.50-18.15 *Break – Poster Presentations – Painting and Poetry*

18.15-19.45 **Section C: EPICUREAN INFLUENCES ON ETHICS AND SCIENCE**

Epicurean Induction and Atomism in Mathematics

Michael Aristidou

Instructor of Mathematics at Nazarbayev University

Free will or free choice within context? For clearing up a misunderstanding

Antonis Bilisis

Lawyer, Founding Member of the "Garden of Thessalonica"

An Epicurean in voluntary garbage collection movement

Vangelis Michos

Insurance Employee, Member of the "Garden of Thessalonica"

and

Vasilis Sfakianopoulos

Product Design Engineer, "Save your hood", Athens

Oral Presentation 2:

The views of Epicurus and Aristotle on women

Dimitra Tsangaraki

MSc International Business Administration, Professor in Alexander College,

Cyprus **Oral Presentation 3:**

Epicurean answers to contemporary questions

George Gonis

Dr. Physician-Surgeon, Member of "Garden of Athens"

19.45-20.30 **Discussion**

Sunday 12 February 2023

THE EPICUREAN PHILOSOPHY FROM ANCIENT TIMES TO THE PRESENT

10.00-11.00 **Section D: EPICUREAN INFLUENCES IN EMPIRICISM AND SCIENCE**

Thomas Hobbes

Leonidas Alexandridis

Civil Engineer, Member of the "Garden of Athens"

John Lock

Evangelia (Litsa) Pitsikali

Pharmacist, Member of the "Garden of Athens"

The Epicurean ancestor of the Darwinian theory of Evolution

Stratis Katakos

Dr. Biologist, Member of the "Garden of Athens"

Epicurean Physics: Brownian motion and randomness

Giannis Alexakis

Physicist, Member of the "Garden of Athens"

11.00-12.15 **Section E: THE EPICUREAN PHILOSOPHY AND THE MODERN WORLD**

The Epicurean contribution to Science, Modernity and the challenges of the future

Panagiotis (Takis) Panagiotopoulos

Informaticist, Founding Member of the "Garden of Athens"

Political Economy and the Epicurean standard of life

Nikos Graikousis

Economist, Member of the "Garden of Thessalonica"

Less is enough

Antonis Karagiorgas

MSc Biochemist, Member of the "Garden of Thessalonica"

Oral Presentation 5:

Animals and humans in Lucretius' On Nature: Notes about deconstructing anthropocentrism

Panagiotis Tsiamouras

Dr. Philosopher

12.15-12.45 *Break – Poster Presentations – Painting and Poetry*

12.45-14.00 **Section F: EPICUREAN APPROACH OF ART**

The anti-Epicurean route of Modern Art

Aspasia Papadoperaki

Sculptor, Member of "Garden of Athens"

Oral Presentation 6:

"Zorbas" by Nikos Kazantzakis: The literary presentation of an Epicurean by a Stoic

Christos Yapijakis

Assoc. Professor of Genetics at NK Univ. of Athens, Founding Member of "Garden of Athens"

Oral Presentation 7:

Anxiety and Fear: From Homer and Epicurus to present

Angeliki Mouratidou

MSc Mathematician, MBA Business

Oral Presentation 8:

The timeless, cross-national and cross-disciplinary Epicurus

Dimitris Christakis

Professor of Mechanical Engineering, Hellenic Mediterranean University, Crete

14.00-14.30 **Discussion**

POSTERS

Poster Presentation 1:

Possible Epicurean Influences on Newton

Giannis Alexakis

Physicist, Member of the "Garden of Athens"

Poster Presentation 2:

Dionysis Simopoulos and Jason Evangelou: Personal impressions of two outstanding people with Epicurean influences

Christos Yapijakis

Assoc. Professor of Genetics at NK Univ. of Athens, Founding Member of "Garden of Athens"

Poster Presentation 3:

Konstantinos Theotokis: The Aesthetic Epicurean of Corfu

Ilias Kolokouris

MSc Philologist, PhD student at NK University of Athens

Poster Presentation 4:

Entering the Garden of Happiness in the shoes of Epicurus

Konstantina Gavala

Philosophical Counselor, MSc Social Theory and Political Philosophy

